



## CHRIS WEATHERBURN

Get the most out of your life!

Dear Friends,

Time is flying and already time to write my second newsletter of the year. Hope things are going well and Omicron isn't causing too much bother. One thing that strikes me is that in life you need goals but need equally to be flexible and able to adapt to circumstances.

No progress made on a podcast – have decided to keep focusing on YouTube. Although as a teaser here was a design that was made.



In honesty, I think I won't have time to make a podcast this year, but that is ok. If the YouTube channel takes off I will consider it. It is good to be flexible. It would be nice to learn a bit more about making podcasts but am learning enough as it is! Currently am

undertaking a few Edinburgh University courses on data which is partly why this is a few days late.

Have been thinking about optimising habits. If you want to improve you habits here is of my (very) [extensive written book summaries](#) you may like. I recently listened to a few autobiographies for a change, it is great to listen to the reflections from well known people and lessons they have learnt on the path to 'success'.

## YouTube Video of the Month



I picked up this book again and decided to summarise it with a video and [written blog](#). On my calendar I found draft summary from a few years back, seems my book summaries have become significantly longer. I selected this video as I managed to use a green screen. Apologies if it disappoints I don't have a wall full of benjamins! It takes a fair bit longer time to edit the video but it certainly does have potential. It would be easy enough to put a video in the background. Will consider this more – watch this space:)



Call to Action: Please forward this email to your friends to sign up!

## Tweet of the Month

In honesty am losing my enthusiasm for Twitter. This is partly as I read too much about work related topics and find Tweets displaying fixed views on feminism or racism not too rewarding. In life you often get what you look for and it is interesting to think about how people view things through a different lens. Saying that I have tried to find an interesting Tweet of the month:



**Dr David Liu (Dabido)** @dabidoYT · Jan 22

...

Setting up for a special YouTube video but OH MY GOD this green screen I bought is a lot bigger than I thought...😂



@dabidoYT puts out great thought provoking Tweets and enjoys sharing his learning from developing his YouTube channel. We all know the feeling when what you get isn't the same as it looks online :)

Until next time

Chris

## Website of the Month

<https://www.cleanpng.com/>

Want cool images copyright free images with transparent backgrounds? If you do check out [cleanpng.com](https://www.cleanpng.com/), I plan to find good images for future videos using this website. Selected a panda image below simply because I like pandas.



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