Dear Friends,

Comparisons in general are a bad thing. Comparisons give you pressure and tend to make you compete with other people rather than collaborate. My tip is to see other people as 'us' rather than 'them' and remember to enjoy your successes.

YouTube Video of the Month

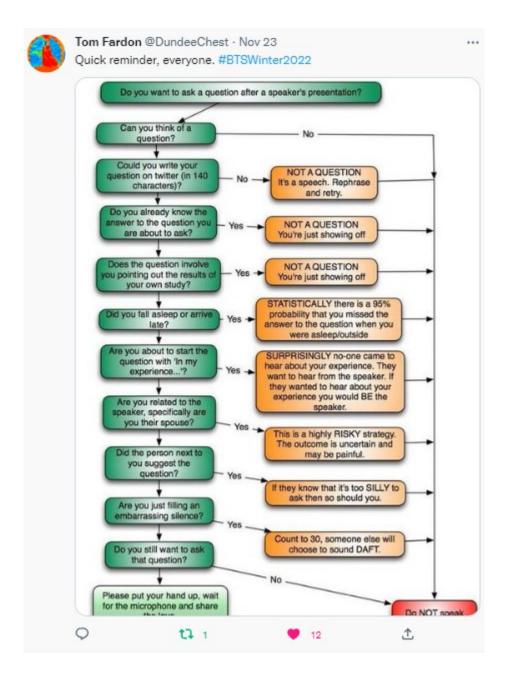


https://www.youtube.com/watch?v=Qty6ebhgUMM

Opted for this one as it was the only full-length video have made in the past month, sorry. Can reassure you have got some more excellent videos in the pipeline (pointless fact in R %>% means pipeline).

It is worth thinking about how much we all use social media. This might feel as if a psychological weight you didn't realize had been dragging them down. Consider only using apps that serve something you deeply value, not just offer some benefit. The small benefits that individual apps might provide can be outweighed by the time spent. Extract value then leave.

Tweet of the Month



In any conference you sometimes hear people asking ridiculous questions. This is a rather elaborate flow chart shared by helps. Previously, whenever I attended a conference I tended to ask a question. It seems with this decision support tool I would usually have still got to a Yes. In part I ask questions because I am inquisitive and eager to learn but also to show that I attended. However, for the last reason Twitter can help by making the whole world know you have attended:)

Enjoying this newsletter? Help me by forwarding this to your friends by clicking here.

Website of the Month

https://labs.openai.com/

So as promised last month I would share how to make artificial intelligence made images. You need to register and get a few free credits.

Below you can enjoy: "Matisse style painting of Chris Weatherburn the improvement guru stood on Carrot hill with the northern lights in the background".









Learning point – I think I need to start wearing hats, have a great Christmas, Chris















