

February 2023

Dear Friends,

Do you ever ask yourself why some people make complicated things look easy?
Deliberate practice is likely the answer.

It is only relatively recently that I learnt the actual differences between the misused terms "simple", "complicated", and "complex". Simple tasks are those that can be performed with minimal effort or skill, and the outcome is predictable. Complicated tasks are more intricate and may require specialized knowledge or skills to complete, but their outcome can still be determined if all the right steps are followed. A good example would be to think about constructing an IKEA bit of furniture.

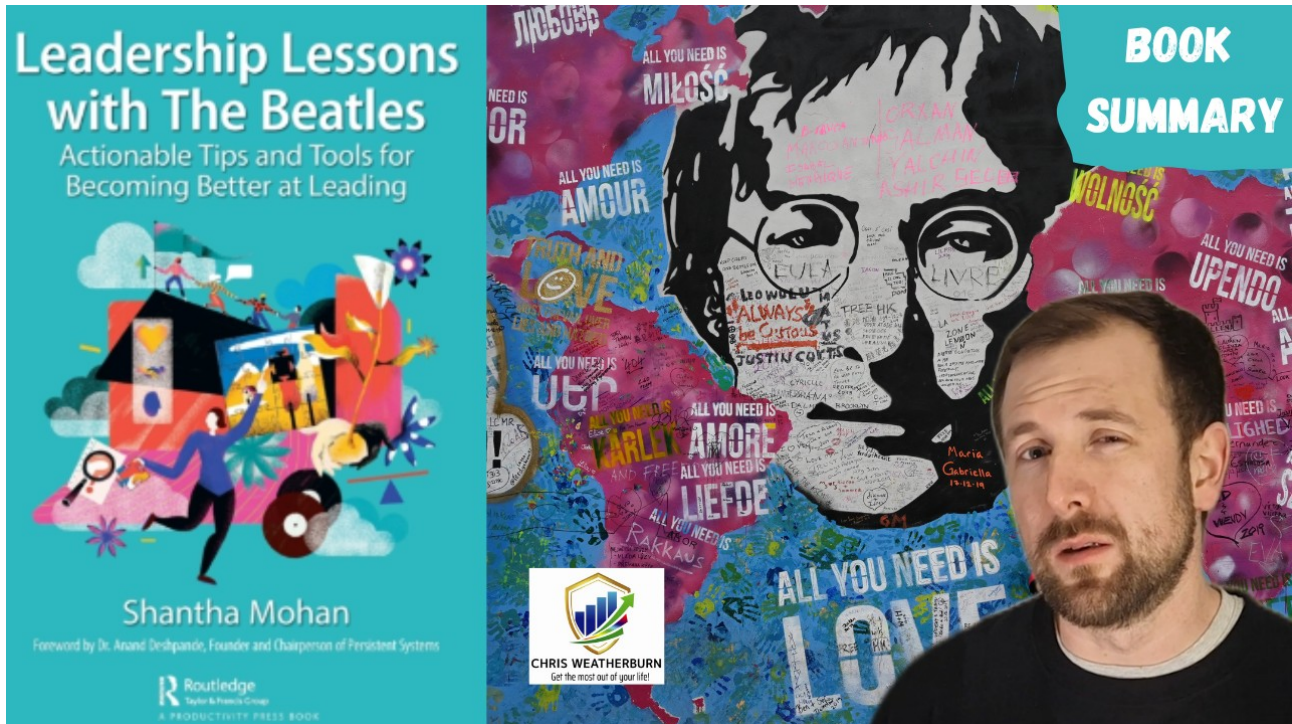
Complex tasks, on the other hand, involve multiple variables, and the outcome is not readily predictable. Humans make things complicated!

In complex situations, a deeper understanding of the system and its components is necessary to achieve a desired outcome.

If you have spent deliberate practice to develop a skill, complicated and even complex it is important to recognize that what may seem simple to them, may have taken considerable time and effort to master. They have likely reached a level of unconscious competence, where the skill has become second nature and is performed effortlessly. However, this level of proficiency is often the result of years of dedicated practice and repetition.

It is crucial to remember that what appears effortless to an outsider is the result of hard work and a deep understanding of the underlying principles and processes involved. What skills are you aiming to develop?

YouTube Video of the Month



Do please check out my latest YouTube video, particularly if you like The Beatles and Leadership. Unfortunately, due to copyright reasons official Beatles records and their songs don't feature in this. On a good note the author, [Dr Mohan](#), gave kind feedback about this.



Shantha R. Mohan, Ph.D., DTM @ShanthaRMohan · Feb 8

What an awesome summary! ❤️👍



Chris Weatherburn @ChrisWeatherbu1 · Feb 7

Become a Better Leader by Taking Cues from The Beatles!

#LeadershipDevelopment @ShanthaRMohan

Please check my latest video #booktube RT
youtu.be/iYYp0iO6-FA via @YouTube

Tweet of the Month



Spencer Humphrys @SDH0687 · Feb 8



Saw this car earlier. Only in #Essex 😞



Twitter needs to be light-hearted and someone is really proud of their car. My lovely mother comes from Essex. I would readily drive that car. Although the pain of changing the number plate for the MOT is a hassle – in life at times prioritise which rules, if any, you want to break.

Please forward this to your friends so they can sign up by [clicking here](#).

Website of the Month

<https://www.nasa.gov/>

I recently fell asleep (and snored loudly) in a planetarium. The planetarium was really good, quite a small size with a live presenter. He was speaking in French, my French is borderline. It is also a great website with image of the day and updates on the various missions.

Chris



Chris Weatherburn

Get the most out of your life!