

Dear Friends,

Did you know we can create our own reality? It all comes down to how we perceive events and the life choices we take.

Let's take two theoretical people who move to Paris from America. These two people move there, at the same time, separately, similar age and backgrounds.

Neither speak French, one tries to speak a bit of French and deduces that the locals are laughing at them. They decide to stop trying, don't socialise much, deeming these Parisians as being unfriendly and a year later they leave.

The other person tries to speak a bit of French and also realises that the locals are laughing at them. Not taking themselves too seriously, they laugh back and keep trying to learn French. From there on they develop good friends in Paris and find the locals extremely friendly. At the end of the year they leave, being competent at French and having made some great lifelong friends.

What is the difference?

YouTube Video of the Month



CHANGE YOUR
PARADIGM,
CHANGE
YOUR LIFE



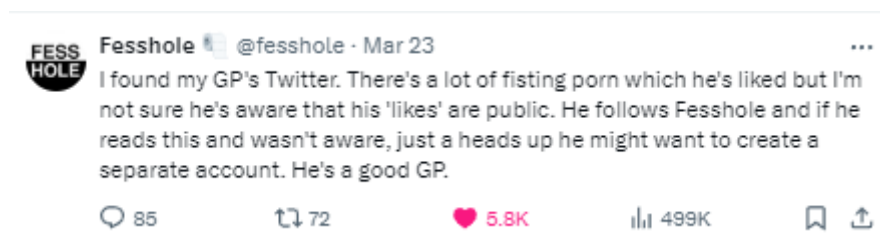
CHRIS WEATHERBURN
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BOB PROCTOR
FOREWORD BY SANDY GALLAGHER

Clearly the second theoretical person had a better year in Paris. In life success largely comes down to our paradigm; the lens in which we view things. The good news is that our paradigms are not set in stone. We can change them, and when we do, it can have a profound impact on our lives and beneficial ripple effect on others. My suggestion would be to try to be open to others, be interested in their views and experiences. Remember not to take yourself too seriously.

X of the Month



Well, in honesty lately I tend to only look at one thing on X

[@fesshole](#) of course :) check out the replies if you want a nice laugh!

Website of the Month

<https://mailchimp.com/>

I have mainly been looking at work related Excel spreadsheets so haven't had much time to think of a cool website. This one is a practical one – if you want to build a free mailing list, I find it easy to use.

Goals in life are always needed. One of my goals of this newsletter is to keep going and get a wider audience. If you have found this interesting please help me achieve this goals by [clicking here](#) to share it with your friends,

Have a great month,

Chris



Chris Weatherburn

Get the most out of your life!